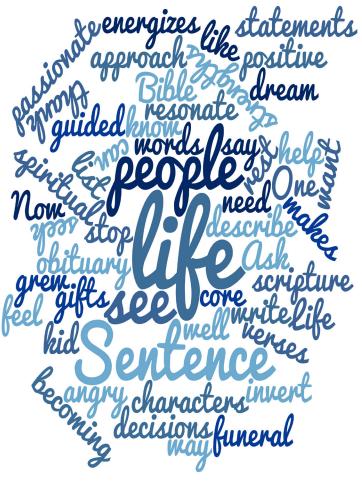
my life sentence



## #ireegrace



## My Life Sentence...

- When you were a kid, what did you dream of becoming when you grew up?
- What do people thank you for or what help do they seek from you?
- What makes you angry? Now invert that list into positive statements of what you feel passionate about.
- What energizes you? (When you do it, you want to do more of that.)
- What would you like people to say about you at your funeral? (One way to approach this is to write your obituary.)
- Ask those who know you well:
  - What words describe the core of who I am?
  - What am I doing that I need to stop doing?
  - What can you see me doing for the rest of my life (whether I'm paid or not paid.)
- What scripture verses have guided your life decisions?
- What characters in the Bible do you resonate with? What did they do that you could see yourself doing?
- What are your strengths?
- What are your spiritual gifts?

## evergreen church