

Scripture

"Stand firm then, with the belt of truth buckled around your waist..." Ephesians 6:14a

Observation

What do you know is TRUE about God?

How does it feel when you are lied to or when you tell a lie?

Application

Is there something you need to say sorry for and tell the truth about?

How can you know what is true?

Prayer

Ask the God to give you His armor and the Belt of Truth so you can know and speak truth.

**BONUS: Discuss
Ephesians 6:10-18.
What does it mean to put
on the Armor of God?**